

**POSTCARD**

**TO**

**MYSELF**



**Dear:** ..... **Date:** .....

*I am writing this postcard to remind myself of the adventures I had whilst on my Outward Bound course.*

*Out of all the things we did, my favourite moments were:*

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*The things I found most challenging were:*

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*My proudest moment was:*

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*Some of the things I have learnt are:*

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*What I will never forget:*

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**From:** .....