

FIRST CHALLENGE: CHRISTCHURCH CoFE PRIMARY SCHOOL



AIM

To increase pupils' engagement, understanding and appreciation of the natural environment, working with and helping others.

CLIENT OBJECTIVES

Christchurch have a select group of pupils that are at risk from anti-social behaviours. They wanted a programme that would offer their pupils life-changing experiences, take them out of their comfort zone and broaden their horizons.

THE COURSE

Christchurch decided to invest £13,000 on a range of Outward Bound® courses supported by The Trust's financial assistance. The aim was to build on their experiences they would have at each centre and revisit the most challenging activities so that the pupils could evaluate their approach, learn from their original mistakes and make the necessary changes.

OUTCOME

Increased confidence. Those less confident and the least resilient, now throw themselves into any activity which previously would have seemed too daunting.

Improved team working skills. One group that struggled with team work, have now developed a new level of empathy and team spirit.

Increased self-esteem. They have seen the biggest change in those suffering from low self-esteem. This group have a new found confidence that will enable them to try new things and even stand up to the most extroverted characters when back at school.

+ WE ARE CONVINCED OF THE TRUST'S ABILITY TO CHANGE THE COURSE OF OUR CHILDREN'S LIVES THROUGH THE RICH EXPERIENCES OF SUCH WIDE-RANGING ACTIVITIES AND FROM THE CARE AND SUPPORT OF THE OUTWARD BOUND TRUST STAFF. **+**

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OUTWARD
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